Understanding Your Child

From Toddler to Teen

"I met others going through the same things. It really helped me feel less alone."

"The group boosted my confidence as a parent."

Join our friendly, relaxed group!

Parenting can be full of ups, downs, big feelings and lots of learning — for both you and your child! Come and join us as we chat about what's going on for you and your family. Together we'll make sense of tricky moments and share simple ideas that can make life calmer and more positive.

Upcoming Sessions (once a week over 10 weeks, excl. half terms and bank holidays)

- 8th January 2027 from 12.45pm to 2.45pm at Highley Primary School, Bridgnorth (WV16 6EH)
- 11th January 2027 from 12.45pm to 2.45pm at The Wilfred Owen School, Shrewsbury, (SY2 5SH)
- 11th January 2027 from 12.30pm to 2.30pm Virtual online via MS Teams
- 13th January 2027 from 9.15am to 11.15am Trefonen Primary School, Oswestry (SY10 9DY)

What We'll Talk About

- Communicating and building connection with your child
- Routines like sleep and bedtime and any other routines you have as a family
- Understanding behaviour and big emotions
- Child development and how you can support it

Want to Join Us?

Email: parenting.team@shropshire.gov.uk

Call: 01743 250950

Visit: The Parenting Team | Shropshire Council

Prefer flexible online learning?

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Becoming Togetherness - Togetherness